





**CBSE** (Hosur) Senior Committed to Excellence Affiliated to Central Board of Secondary Education

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#### **ROCKFORDIAN WEEKLY DIGEST – RWD 55**





Senior Secondary School - Hosur (CBSE) **Committed to Excellence** Affiliated to Central Board of Secondary Education



SCHOOL Karnur & Madhakondapally Campus



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VENUE: RocKForD International Kindergarten School, Karnur, Hosur-634 109.

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# **ADMISSION OPEN REGISTER NOW**

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#### The Teachers' Foundation Training

At Rockford Senior Secondary School, teachers recently engaged in a transformative one-day training session under the guidance of TTF facilitator, Ms. Ratan Gopinath. Through an array of interactive exercises and insightful discussions, Ms. Gopinath adeptly illuminated the intricacies of the six facets of understanding, leaving the attending educators equipped with a deeper comprehension of effective pedagogy. The training's central message resonated powerfully: educators must embrace innovation in their teaching methodologies. Armed with new found knowledge, teachers are poised to implement the innovative "Backward Design Model" lesson planning paradigm, which champions a student-centred approach. By shifting the focus from content delivery to holistic understanding, educators are primed to foster meaningful learning experiences that resonate with each individual student, ultimately nurturing a more engaged and empowered generation of learners.









#### Orientation

An orientation program was conducted by the facilitators Mrs.Deiva and Mr. Sudhakar from PEARSON PUBLICATIONS on 28/05/24.

The Session was on brain based pedagogical approach as per NEP. She explained us about the pattern of Pearson English text books and grammar books of grades 1 to 5 and social sciences books of grades 6 to 8 were discussed.

The teaching methodology to the students was explained. The ice-break sessions were conducted.

Mr Sudhakar talked about digital apps that can help our learning.

The Session helped us to understand the textbooks better.









#### Active Learning by Dr. Sheela Raghavan.

Creating a child-friendly classroom environment fosters continuous learning where children investigate, think critically, and create. Experiential learning, where students "do and learn," should be emphasized over rote memorization. It's important for parents to see genuine learning progress, not just grades, as children are not mark-making machines but have unique potentials. Teachers must cater to using innovative methods like Tic-Tac-Toe approaches. diverse learners and Menu Card Dr. Sheela Raghavan a renowned teacher trainer introduced four engaging group activities, including the Jig Saw method, which inspired us to apply these strategies, aiming to enhance our teaching and support every child's learning journey.









# **BEYOND THE CLASS ROOM**

Ms. Lavanya Varadarajan. BY ALUMNUS

Through the internet, teachers at Rockford School had the amazing chance to interact with two of the school's proud alumni: Ms. Roja Selvakumar, the former director of Rockford, and Ms. Lavanya Varadarajan, former student. The presence of Ms. Sheela Raghavan, the facilitator of TTF, and Ms. Ratan Gopinath, the alumni, enhanced the session. The significance of character development and forming individuals into "global citizens" was emphasized by Ms. Lavanya Varadarajan. She stressed the importance of not developing the students as mark making machines rather than making the students as creative thinker.









#### **Orientation for Teachers by the Principal Mr. Ravi, Rockford School.**

Mr. Ravi opened the session with tenses and the importance of using them in grammar. Verbs were also explained. Stories were told by sir so that we could understand the topics easily and to follow the method in class. He also said that as teachers we should enhance the quality of communication. Classroom management ideas were discussed. A grammar test was conducted. The Session was very much helpful and informative.









#### **Orientation by Mr. Stephen**, HOD English Dept.

A session was conducted on Effective communication skills for teachers by Mr. Stephen, HOD of English. He spoke about communication and how it should be effective. The PPT he presented helped teachers to understand the importance of effective communication.

The Chinese whisper activity was done to help understand how communication gets misinterpreted. His interaction with the teachers was very useful.









The art of teaching is the art of Assisting discovery.

The above was explained to the teachers with a PPT. The PPT was really informative and very useful to understand the concept. She also told us that appreciation should be inculcated in the children. Teaching Aids must be used and most of all values should be learnt from the lessons we take (i.e) values must be instilled. We understood that we must not teach for hundred percent but teach a child the purpose of learning is for the benefit of the society.

"Learning is not about learning, it's about caring and empathy towards the global world."









#### **Orientation on Accreditation and School Policies by**

#### Ms. Emaransiya( VP Admin)

#### AN ORIENTATION was given on the following topics

- $\cancel{\sim}$  Assessment as learning.
- $\cancel{k}$  Assessment for learning.
- $\Rightarrow$  Assessment of learning.

#### The above topics were explained with the help of PPT.









#### **ICT - Orientation**

The Department of Computer Science, the significance of integrating Information and Communication Technology (ICT) into the classroom was underscored through informative slides. Led by the proficient duo of Ms. Dhanalakshmi and Ms. Aishwarya from the IT department, the session highlighted the transformative potential of stress-free, game-based learning facilitated by an array of gamification apps. Through these interactive platforms, students can engage with educational content in a dynamic and immersive manner, fostering deeper understanding and retention. The emphasis on leveraging ICT tools for gamified learning not only enhances academic outcomes but also cultivates a more enjoyable and inclusive learning environment, catering to diverse learning styles and preferences. As educators continue to explore innovative approaches to pedagogy, the integration of ICT and gamification stands as a promising avenue for enriching the educational experience and empowering students for success in the digital age.









#### **SEWA - Orientation**

Mr. Rajendra Babu, from the Physical Education department, passionately elucidated the intricacies of SEWA, outlining its process and procedure during a recent session. He emphasized the critical importance of instilling in students a deep understanding of SEWA's significance, stressing that adherence to the designated SEWA sessions in the diary is imperative across all classes. Providing a structured framework, he presented seven categories of SEWA programs, including Environment Eco Club, aiding the needy, and promoting the 3Rs (Reduce, Reuse, Recycle), among others. Collaborative discussions ensued among fellow teachers from various classes to select pertinent topics aligned with the scheduled dates and terms. This concerted effort ensures that SEWA becomes an integral part of the school curriculum, fostering a culture of compassion, responsibility, and community engagement among students.









#### **YOGA**

Mr. Rajendra Babu from the Department of Physical Science led a Yoga Asana warm-up for the teachers. He had the teachers perform several yoga poses while explaining the significance of each pose in day-to-day living. The teacher's starting point for the day was revitalized by the session.









#### **Innovative Teaching Methods Showcased After Training**

Following a comprehensive training program, our teachers have begun implementing innovative teaching methods across all subjects. Each department demonstrated these new techniques in a special session held before our Chairman, Director and Principal.

Teachers showcased their ability to engage students with creative, experiential learning activities that encourage critical thinking and problem-solving. From interactive science experiments to immersive history lessons, the demonstrations highlighted the dedication and innovation of our faculty. The leadership team praised the efforts, noting the positive impact these methods will have on student learning and engagement. This initiative marks a significant step towards enhancing educational excellence in our school.





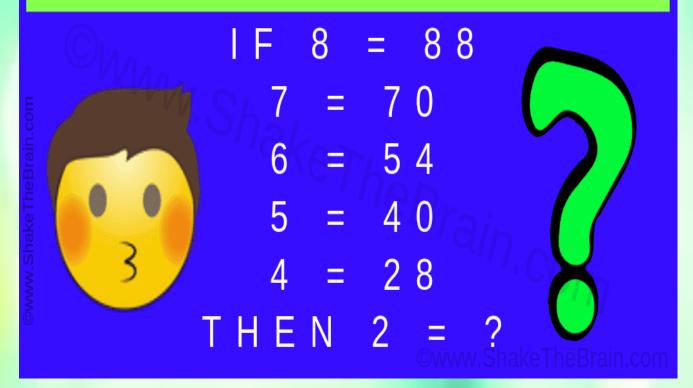




# MÝSTERÝ CHAMBER

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# CAN YOU FIND THE MISSING NUMBER?









### WEEKEND READING

#### Vijayalakshmi Pandit - 8th President of the United Nations General Assembly

# " India is a land of beauty and generosity, of traditional hospitality and the acceptance of many cultures." - Mrs Vijayalakshmi Pandit.

Vijaya Lakshmi Pandit was an Indian freedom fighter, diplomat and politician. She was born on 18th of August 1900, at Allahabad, India. She was the daughter of Motilal Nehru, a wealthy and aristocratic nationalist leader, and sister of Jawaharlal Nehru, the first Prime Minister of Independent India. In 1921, after receiving a private education in India and abroad, she married Ranjit Sitaram Pandit, a fellow Congress worker. According to her family's tradition she became an active worker in the Indian nationalist movement and was imprisoned three times by the British authorities in India.

According to her ,"The more we sweat in peace, the less we bleed in war." ie) If you are well prepared, you can be more confident of facing the enemy and minimizing your losses. She was the first Indian woman to hold a cabinet portfolio. It consists of many senior ministers who hold important portfolios such as defence, home affairs, education etc. In 1937 she was elected as a Member of the Legislative Assembly of the United Provinces and became Minister for Local Self-Government and Public Health. Mrs. Pandit was a President of the All-India Women's Conference from 1941 to 1943 and was the founder and President of the "All-India Save the Children' ie) Every child deserves a future. Her husband was arrested for his support of Indian Independence and died in Lucknow prison in 1944, leaving behind his wife and their three daughters Chandralekha Mehta, Nayantara Sehgal and Rita Dar. After her husband's death, Mrs. Vijayalakshmi realized that in the eyes of Indian law she had no individual existence and in law women were only recognized through their relationship to men.







To turn her pain into power she was re-elected in 1946 and again assumed the ministership of Local Self-Government and Public Health in the provincial government. After India became independent in 1947, she represented the country as an ambassador (Ambassador -highest rank of diplomatic representative sent by one national government to another.l) and as the head of Indian delegation to the United Nations and in 1953 she served as the first Female President of the UN General Assembly.

She served as a governor of the state of Maharashtra from 1962 to 1964, and from 1964 to 1968 she was a member of the Indian Lok Sabha (parliament), representing the constituency formerly represented by Jawaharlal Nehru. In 1977 Pandit left the Congress Party to join the Congress for Democracy, which had merged with the Janata Party. A year later she was appointed as an Indian representative to the UN Human Rights Commission, in 1979 she has published "The Scope of Happiness -A Personal Memoir". According to her "Difficulties, opposition, criticism-these things are meant to be overcome, and there is a special joy in facing them and in coming out on top. It is only when there is nothing but praise that life loses its charm and I begin to wonder what I should do about it." Such an incredible personality left this world on Ist of December 1990

/ijaya Lakshmi Pandit